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CD Review Ayreheart: *Barley Moon*

by Jeremy Reynolds



Far from being an outdated or even obsolete instrument, the lute makes a stirring pitch for its continued relevance in the hands of the ensemble Ayreheart, which released *Barley Moon* in June 2016 on the Sono Luminus label.

In this album, four modern day troubadours with lutes and drum and sweet, sweet voices harken for an hour to a simpler musical era. Comprising songs by John Dowland, William Byrd, and anonymous Renaissance composers, *Barley Moon* is also a testament to the expertise and

knowledge of lutenists Ronn McFarlane, Willard Morris, and Brian Kay (who is equally expert on the komuz, a Central-Asian cousin to the European lute); percussionist Mattias Rucht; and Ray Nurse, not a member of Ayreheart but a world-renowned lutenist himself, who arranged these tunes of yore.

From the stolid opening strains of "John Barleycorn" to the ever so slightly exotic jangling of "Nottamun Town," Ayreheart drives the music at a light, dancing pace, constantly stepping just ahead of expectations to delight and entertain. Kay, also a regular performer with the Cleveland-based Baroque ensemble Apollo's Fire, handles the vocal duties with intoxicating relish. Just a hint of an accent infuses his lyrics with a nostalgia that elevates *Barley Moon* above your typical album of Renaissance songs. There's a sincerity to his storytelling that draws the ear and holds it willingly captive. "John Barleycorn," "Henry Martyn," and "Twa Corbies" are particularly compelling.

The instrumental tracks, "Solus Cum Sola," "M. George Whitehead, His Almand," and "Woods So Wild," showcase the band's precision, so organic that it sounds like a single performer rather than four individuals. The sudden dynamic shifts in "M. George Whitehead" are impressive.

Perhaps the only flaw in *Barley Moon* is its flawlessness. The care that went into recording this music is apparent, and while the result is a sincere interpretation of

16th-century troubadour-style music, some of Ayreheart's live performances (viewable on YouTube) are more enjoyable simply for their raucous, not-quite-perfectly-polished charm.

Barley Moon is a wonderful feat of research, skill, and taste, a wonderful addition to *any* music lover's collection. In the near future, I'll be looking into Ronn McFarlane's other albums, the Grammy-nominated *Indigo Road* (2009) and *One Morning* (2010), which also feature Willard Morris and Mattias Rucht. *Barley Moon* is available for purchase on iTunes, Amazon, and from other retailers.

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